

Making Your Data Work for You: INSIGHTS® Dashboard Tips



NBME® INSIGHTS is your interactive dashboard for NBME Self-Assessments and other NBME exams. It turns a basic score report into actionable data—pinpointing strengths and gaps at a granular level, showing how much time you spent on each question, and tracking your progress across multiple assessments—so you can study smarter and make meaningful improvements to your performance.

What you can do with INSIGHTS

Pinpoint areas for improvement

- Drill down beyond broad organ systems to specific topics using filters and keyword search (e.g., search for “endocrine,” “neoplasm,” or “congenital disorders”). As you type, the question list auto-filters so you can see exactly where performance dipped.
- See how many questions align to a specific topic and how many you answered correctly to guide targeted review.

Turn data into an efficient study plan

- Prioritize **flagged content areas**—topics that are both a large portion of the test and areas where you’re trending below a comparison group. Start there to make goals manageable and higher-yield.
- For high performers, INSIGHTS helps prevent overstudying what you already know by zeroing in on smaller gaps in knowledge that still impact performance.

Review smarter, not longer

- Jump straight to **incorrect responses** or filter by the system you struggled with instead of re-reading every question in order.
- **Export** your data to CSV/Excel to create your own remediation plan or to share with a learning specialist or faculty coach.

Manage your test-taking time

- Use the **per-question time** column to spot pacing issues—e.g., lingering too long ($\approx 260+$ seconds) or rushing (<30 seconds) through specific content areas. That distinction helps separate knowledge gaps from timing habits that lead to guessing late in the exam block.

Track progress across assessments

- View Self-Assessments, Subject Exams, and Customized Assessment Services (CAS) results in one place to monitor longitudinal improvement and catch recurring patterns early—well before dedicated study.

Do / Don't

Do

- Use filters and keywords to target specific topics (e.g., labor & delivery vs. all OB).
- Sort by **Time** to uncover pacing patterns and by **Correctness** to focus your review.
- Track recurring patterns across multiple assessments to catch issues early.

Don't

- Restudy entire organ systems when your errors cluster in a narrow topic.
- Assume incorrect answers are the only ways to find a knowledge gap—check time spent as well.
- Ignore small, repeated areas of weakness; they compound across longer exams.

Frequently Asked Questions (FAQs)

What should I tackle first if I have gaps in many areas?

Start with **flagged content areas** that represent large portions of the test; then move to narrower gaps.

I'm a high scorer—how does this help me?

Use INSIGHTS to find the few topics where you can improve and to correct pacing habits that lead to late-block guessing.

Can I share my data?

Yes, you can **export** data in INSIGHTS to CSV/Excel and share it with a learning specialist or advisor for targeted coaching.