

# Making Your Data Work for You:

## INSIGHTS® Dashboard Tips



**NBME® INSIGHTS** is your interactive dashboard for **NBME Self-Assessments** and other **NBME exams**. It turns a basic score report into actionable data—pinpointing strengths and gaps at a granular level, showing how much time you spent on each question, and tracking your progress across multiple assessments—so you can study smarter and make meaningful improvements to your performance.

### What you can do with INSIGHTS

#### Pinpoint areas for improvement

- Drill down beyond broad organ systems to specific topics using filters and keyword search (e.g., search for “endocrine,” “neoplasm,” or “congenital disorders”). As you type, the question list auto-filters so you can see exactly where performance dipped.
- See how many questions align to a specific topic and how many you answered correctly to guide targeted review.

#### Turn data into an efficient study plan

- Prioritize **flagged content areas**—topics that are both a large portion of the test and areas where you’re trending below a comparison group. Start there to make goals manageable and higher-yield.
- For high performers, INSIGHTS helps prevent overstudying what you already know by zeroing in on smaller gaps in knowledge that still impact performance.

#### Review smarter, not longer

- Jump straight to **incorrect responses** or filter by the system you struggled with instead of re-reading every question in order.
- **Export** your data to CSV/Excel to create your own remediation plan or to share with a learning specialist or faculty coach.

#### Manage your test-taking time

- Use the **per-question time** column to spot pacing issues—e.g., lingering too long (≈260+ seconds) or rushing (<30 seconds) through specific content areas. That distinction helps separate knowledge gaps from timing habits that lead to guessing late in the exam block.

#### Track progress across assessments

- View Self-Assessments, Subject Exams, and Customized Assessment Services (CAS) results in one place to monitor longitudinal improvement and catch recurring patterns early—well before dedicated study.

## Do / Don't

### Do

- Use filters and keywords to target specific topics (e.g., labor & delivery vs. all OB).
- Sort by **Time** to uncover pacing patterns and by **Correctness** to focus your review.
- Track recurring patterns across multiple assessments to catch issues early.

### Don't

- Restudy entire organ systems when your errors cluster in a narrow topic.
- Assume incorrect answers are the only ways to find a knowledge gap—check time spent as well.
- Ignore small, repeated areas of weakness; they compound across longer exams.

## Frequently Asked Questions (FAQs)

### What should I tackle first if I have gaps in many areas?

Start with **flagged content areas** that represent large portions of the test; then move to narrower gaps.

### I'm a high scorer—how does this help me?

Use INSIGHTS to find the few topics where you can improve and to correct pacing habits that lead to late-block guessing.

### Can I share my data?

Yes, you can **export** data in INSIGHTS to CSV/Excel and share it with a learning specialist or advisor for targeted coaching.